**Patient Name:** MAYFIELD, ANGELA

**Date of Birth:** 09/28/1966

**Date of Service:** 05/17/2022

**History of Present Illness:**  
This is a 56 year-old right hand dominant female who was a restrained passenger of a vehicle involved in a motor vehicle accident on 03/14/2021. Patient injured Left Knee in the accident. The patient is here today for orthopedic follow-up evaluation. Patient has started PT 3 weeks ago. Patient states it has helping a lot. Patient developed swelling 5 days ago.

The patient has resolved left knee pain. Swelling noted and patient was limping.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None.

**Allergies:**  
No known drug allergies

**Social History:**  
Patient is working.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 5 inches tall weighs 170 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed no tenderness on palpation. There was effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion Flexion 125 degrees(150 degrees normal ) Extension 0 degrees (0 degrees normal ) The calf touches the back of the thigh at \_\_ degrees of flexion (normal for the patient).

**Diagnostic Imaging:**  
01/11/2021 - MRI of the left knee reveals medial meniscal tear involving the junction of the posterior horn and body. There is a vertical tear. Small joint effusion. Small popliteal cyst.

**Assessment and Plan:**  
Diagnosis: 1. Status post left knee arthroscopy on 04/18/2022.   
Recommend to take oral NSAID x7 days, use knee sleeve, and continue with ice/heat, elevation, and PT 2-3x/week x4 weeks.

The patient’s Left Knee was examined   
MRI of the Left Knee was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**